

HEALTH SCRUTINY PANEL

23 MARCH 2010

**EMOTIONAL WELLBEING & MENTAL HEALTH OF CHILDREN AND
YOUNG PEOPLE IN MIDDLESBROUGH – AN UPDATE ON
PROGRESS**

PURPOSE OF THE REPORT

1. To introduce representation from Children, Families and Learning, in attendance at today's meeting to provide an update on Emotional Wellbeing & Mental Health services for Children & Young People.

RECOMMENDATIONS

2. That the Panel notes the information presented.
3. That the Panel asks any questions felt pertinent and considers whether to pursue the matter further, or to receive a further update at an appropriate juncture.

CONSIDERATION OF REPORT

4. The Panel will recall that in 2008/9, it completed a detailed review into Emotional Wellbeing & Mental Health in Middlesbrough, with a chapter dedicated to the wellbeing and mental health of children and young people. A copy of the Executive Summary of that Final Report is attached at *Appendix 1*.
5. As part of that exercise, the Panel expressed an interest in hearing about the progress of work to develop mental health services for children & young people. The Panel received an initial update at a meeting on 12 November 2009, the minutes of which are attached at *Appendix 2*. It was agreed on 12 November that the Panel would receive a further update at an appropriate juncture. This agenda item constitutes that update.

6. The Deputy Director of Children, Families and Learning has provided a briefing paper outlining progress, which will be the basis of debate at the Panel meeting, which is at *Appendix 3*. The service has been asked to provide a generic update to the Panel on the topic of emotional wellbeing and mental health for children and young people. In line with the views expressed by the Panel in its final report, it may be that Members would be particularly interesting in exploring the following themes.
 - 6.1 The progress of completing a contemporary & detailed needs analysis of the Mental Health needs of children and young people in Middlesbrough.
 - 6.2 Progress in the commissioning of services aimed at addressing the needs outlined by such a needs analysis.
7. It is anticipated that initially the Deputy Director will speak to the briefing paper at *Appendix 3*, in advance of addressing questions from the Panel. Following a debate on the matter, the Panel is asked to consider whether it would like to pursue the matter through other enquires or receive a further update on progress at an appropriate juncture.

BACKGROUND PAPERS

Appendix 1 – Health Scrutiny Panel Final Report: *Emotional Wellbeing & Mental Health* Jan 2009, Executive Summary

Appendix 2 – Minutes of the Health Scrutiny Panel, 12 November 2009.

Appendix 3 – *The Mental Health of Children & Young People in Middlesbrough*, Update Report of Deputy Director of Children, Families & Learning.

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